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3402 W. Columbus Dr. Tampa, FL 33607 (813)274-8615 Tampa.gov/parks-and-recreation

# **WELCOME**

### Mission

To provide and preserve quality parks and recreation opportunities for all.

### Vision

A quality park system that meets the community's need for recreation and learning opportunities to benefit health and well-being.

### A Letter from Leadership

Spring will soon be in the air, with trees and flowers blooming and the excitement for the new year ahead! As we welcome the positive energy and beauty of bright days, we want to thank you for being a part of the Parks and Recreation family.

Our spring programming will continue to offer new opportunities for recreation and learning in a safe and inclusive environment that benefit our community as well as everyone's health and well-being. Our Tampa Parks and Recreation staff is looking forward to seeing familiar smiles back and welcoming new faces to our programs and facilities. In 2024, we will be focusing closely on the resiliency and sustainability of our programs and offerings.

As we continue to build upon our goals and fulfilling our mission of providing and preserving quality parks and recreation opportunities for all, we also want to thank our dedicated staff for continuing to be the best they can be every day! They put the fun in Parks and Recreation. We look forward to seeing you all soon.









# FAQs & FYIs

### Online Account Help

We have numerous resources available by visiting <u>Online Account Help</u>. For additional assistance with your online account, you can also refer to our <u>Ticketing System</u> on the online account help webpage.

### Payment Information

Payments may be made in cash, check, money order, debit or credit card. All checks or money orders should be made payable to the City of Tampa unless otherwise noted. We accept Visa, Master Card, American Express, and Discover.

Please note: Only credit/debit card payments are accepted online and are preferred in-person.

### Refund Policy

To view our complete refund policy for all of our various activities, please visit our website.

### *Walver Regulred*

Participation in our programs and activities requires a signed waiver. By signing the waiver to participate in our programs, each patron recognizes the inherent risks involved in the program and accepts the nature of these risks. The patron holds the City of Tampa harmless for any damage caused by participation in these programs. Patrons will not be able to participate in programs if the waiver is not signed.

### Code of Conduct

Participants and patrons are expected to exhibit appropriate behavior at all times. The <u>Code of Conduct</u> consists of disciplinary guidelines set up to help the staff ensure a safe and productive environment for all our participants. All participants are responsible for understanding and adhering to these guidelines and are expected to follow the rules. Parents/Guardians are responsible for helping their child(ren) understand and abide by these guidelines and for recognizing that unacceptable behavior shall be subject to disciplinary action.

### Returned Checks

A minimum service fee of \$25 will be assessed to each returned check and will not exceed 5% of the face value of the check. Household activities and passes will be suspended until reimbursement is received. Reimbursements for returned checks and fees must be made with cash, money order, or credit card. Return of a second check will result in a "cash only" status on all future payments. Unpaid returned checks will be turned over to the State Attorney's Office.

# **LOCATIONS**

### Recreation Centers

To locate a community center near you and explore all the amenities they offer, please visit our <u>Recreation Center page</u>.





### Aquatic Facilities

To locate an aquatic center near you, please visit our <u>Pool</u> <u>Facilities</u> page where you can view the schedule of classes and lessons available at your local pool.

Ready for some fun? To locate an interactive splashpad near you, please visit our <u>Splash Pads</u> page.







### Parks & Beaches

To locate a park or beach near you and explore all the amenities they have to offer, please visit our <a href="Parks & Facilities">Parks & Facilities</a> page and utilize our <a href="Park Finder Tool">Park Finder Tool</a>.

Looking for a dog friendly park near you? Check out our <u>Barks & Recreation</u> page to see a full listing of our locations.

Ready for a boat day? Visit our <u>Boat Ramp</u> page to find the most convenient launch point near you.







# RENTALS

Whether it's a park, picnic shelter, gazebo, banquet hall or sport field, our parks are a favorite place for everyone to enjoy their special events, family get-togethers, and company outings. Please visit our <a href="Rental">Rental</a> <a href="Facilities Page">Facilities Page</a> for detailed information about all our rental offerings.

### Special Facilities & Community Centers

### Tampa River Center

The <u>Tampa River Center</u> is a 2,880 sq. ft. premier event space along the west bank of the Hillsborough River. It features floor-to-ceiling glass windows that open to a covered terrace, offering a breathtaking view of Downtown Tampa. For rental information, please email <u>TampaRiverCenter@TampaGov.net</u> or call (813)274-7452.



### Seminole Garden Center

In the heart of Seminole Heights, the Seminole Garden Center offers nature's splendor and peacefulness, making it the perfect setting for your next intimate gathering. For rental information, please email SeminoleGardenCenter@TampaGov.net or call (813)231-8900.



### Ragan Park Center

Quietly located in East Tampa, The Ragan Park Center is a great location for making lasting memories with loved ones. For more information and to reserve the center, please call (813)242-5316.



### Community Centers & Gymnasiums

Many of our Community Recreation Centers offer private rentals for small parties, tournaments and corporate events. Please contact your local Recreation Center directly to inquire about rates and availability.

# RENTALS

### **Event & Park Rentals**

We offer several specially designated Event Parks that offer Community Pavilions and Festival Lawns designed to offer public event space for special events, large festivals, music concerts, and much more. The Office of Special Events exists to serve the community and to guide event planners through the special event permitting procedure. Please visit us online or call

(813)274-8854 for more information.

### Pienie Shelters

We have picnic shelters available at over 30 different parks throughout the City. Reservations must be made at least three (3) business days in advance. You can reserve a picnic shelter online or call our Shelter Reservation Office at (813)274-8184. Picnic shelters are on a first come, first serve basis, unless reserved.

### Field Rentals

We offer Athletic Fields, softball/baseball diamonds, full-size courts, and multi-purpose fields. Reservations can be requested for events, organized play or tournaments by completing the online form. For more info, please contact: (813)731-9432.





### Boathouse

The Boathouse is located on the ground floor of the Tampa River Center at Julian B. Lane Riverfront Park and offers 13,320 sq. ft. of storage for local rowing and dragon boat teams, and kayak and stand-up paddle board rentals. For rental reservations, please call (813)274-7453.

### Marina & Docks

Located on Davis Islands, situated at the mouth of the Hillsborough River, Marjorie Park Yacht Basin offers transient boat slip rentals, a fuel, and pumpout station.



# We are thankful for all of our community partners!



# **EARLY EDUCATION**

### Tampa Toddlers In Transition

Join <u>Tampa Toddlers in Transition</u> (T.T.N.T.) for a fun-filled half-day week of activities, games, social interaction, water safety and more in a mini summer camp setting. Participants must be potty trained. Parents must stay and enjoy the handson experience with their children.

Ages 2-5

### **Locations**

Desoto, Cyrus Greene, Cordelia B. Hunt, MLK Center, Rowlett Activity Center







# Building Relationships Interactively Through Education

Children ages 3-5 are invited to be a part of our new Monday through Friday B.R.I.T.E. program! Curriculum consists of teaching sight words, phonetic sounds, numbers, colors, fine motor skills, and participating in creative projects.

Children must be potty-trained. Parents are not required to stay with the child during this program.

Interested? Call (813)259-1608 or email Nina.Acevedo@TampaGov.net or Donald.Bush@TampaGov.net.



3-5

Ages

Kate Jackson

Location

We know how difficult it can be to find high-quality, affordable After School programs. The goal of our program is for youth to grow physically, emotionally, socially, and intellectually by playing, exploring, and learning with others in a fun, safe, and healthy environment.

We seek to provide excellent service through collaborations, cooperation, and communication and seek to give parents peace of mind knowing their children are in a superb youth program.





Children will enjoy activities such as homework help, mentorship programs, computer help, arts & crafts, intramural sports and so much more! Our staff is dedicated to seeing your child succeed on the field and in the classroom.

### Parent Guide to After School

If your child will be joining us for after school, we encourage you to please review our <u>Parent Guide</u> with your child. This guide was put together to provide you with information about our program, including general information, contact information, and all-around expectations.

\*Please note that our After-School Program follows the Hillsborough County School Board (HCSB) calendar. Therefore, our program will adjust accordingly to any changes made by HCSB. Dates and details are subject to change.





Those entering the After-School Program must be at least 5 years old by September 1, 2023.

Monday - Friday from 2:00 - 6:00 p.m.

August 10, 2023 - May 24, 2024

# Intramural Sports

We introduce kids to sports in small sessions through clinics. Sports clinics are available to all registered after-school participants who have an active Rec Card.

Participants' age shall not exceed the age group during the course of the season, including the playoffs. Players may play up one age group but can only play on one team.

We offer a variety of intramural sports, such as: Short Shooters Basketball, Flag Football, Hockey, T-Ball, Girls Flag Football, and Kickball. For more information, please visit our <u>After-School Page</u>.







# Cheerleading

After-school participants learn the fundamentals of cheering as a form of teamwork. Activities range from chanting slogans to intense physical activity that is performed to encourage, motivate, entertain and instill healthy competition.

### Running

After-school participants will also have the option to participate in our fall running program, which encourages physical fitness and aerobic activity. We often partner with community running events such as the JR. Gasparilla Distance classic.



### Teens Leading Change

This exciting program provides teens aged 13-17 with the skills and positive motivation needed to impact their lives and to allow them the opportunities to become successful contributors in their respective communities.

Weekly meetings, group discussions, sports and recreational activities, creative/fine arts activities, educational endeavors and special projects, facilitated by well-informed staff members, promises to foster meaningful opportunities for growth in time management, team building, self-worth, finances and communication. A current Rec Card is required. For more information and to find a site near you, please visit our Teens Leading. Change page or contact us by email at TeensLeadingChange@TampaGov.net.







### Performing Arts in Motion Teen Program

This program's mission is to bring arts experiences to the teens in Teens Leading Change programs at no charge at select Rec centers. Making the arts accessible to all members of the community was a driving force behind the program's creation. Teens visit the Straz Center throughout the year to experience professionally produced theatre, dance, and music performances. In addition, teens will receive hands-on opportunities through theatre, dance, music, and specialty workshops.





# mayor's youth youth COPS my tampa my future.



# The Mayor's Youth Corps

The Mayor's Youth Corps (MYC) is an influential organization of 9th, 10th and 11th grade students competitively selected from City of Tampa schools who have a voice to the mayor, opportunities for community service, civic engagement, and leadership development, as well as a youth-oriented social media presence. MYC members can also participate in state and national conferences to share, learn, and network with youth and elected leaders from across the country. Please visit the Youth Corps Website for more information.









# The Mayor's Youth Leadership Council

The Mayor's Youth Leadership Council (MYLC) consists of current high school students who have successfully completed the Mayor's Youth Corps program. MYLC members continue their work with the MYC and serve as mentors to new members.



In addition, we are proud to offer Creative Arts Theatre and music experiences at select centers throughout the school year.







### Gultar and Ukulele Classes

Four, 8-week sessions are offered for youth at select centers throughout the city. Facilitated by the local non-profit, Instruments 4 Life, these ArtReach classes provide students with basic instruction on the guitar or ukulele as well as the opportunity for students to earn their own instrument by becoming musical mentors.



### Drama Workshops

Creative Arts Theatre, the city of Tampa's professional theatre company for young audiences, facilitates single day and multiple week-long theatre ArtReach workshops and classes at select community centers. Topics change frequently. Previous topics have included circus arts, improvisation, acting with a mask, musical theatre, and costume design.



# ADULTS/SENIORS







# Social Activities

Being a senior in Tampa is better than ever! Recognizing the diverse aging populations, we challenge ageism, celebrate the wisdom and experience of age, and provide opportunities to engage in meaningful activities, which enhance one's personal well-being.

We value the importance of social interaction for our adult population and consequently offer a wide variety of senior programming, which includes aquatic exercise classes, adult fitness classes, Pilates, stretching, table games, computer classes, line dancing, arts & crafts, table tennis, pickleball, glass fusion, ceramics, pottery, jewelry design and bunco.

Many activities are free with a Rec Card, while other class rates vary based on supply costs. Please visit our <u>Seniors</u> <u>Page</u> to see our full listing of programs, locations, times, dates, associated fees and to sign up today!

50+

Ages



Barksdale, Cordelia B. Hunt, Cyrus Greene, Fair Oaks, Highland Pines, Loretta Ingraham, Port Tampa, Ragan, Springhill, Williams Park







# THERAPEUTIC EDUCATION

# S.P.I.R.I.T.

### Special Populations and Inclusive Recreation in Tampa

We strive to offer fun, specialized, adaptive, and inclusive recreation opportunities in our community. Our <u>SPIRIT program</u> is designed to create safe, welcoming spaces.

We also offer fun, adaptive, and inclusive recreation opportunities in our community including after school, art, athletic, fitness, and life skill programs.

Individuals requesting an accommodation to participate in an inclusive Parks and Recreation program, please contact our <a href="Therapeutic Recreation Coordinator">Therapeutic Recreation Coordinator</a> for an accommodation request for the desired class. Accommodation requests must be received 10 days before the start of the class or activity. For accommodations for swim opportunities, please contact the pool administrators directly.









Tampa Parks & Recreation strives to make our programs, services & activities accessible to qualified individuals with disabilities. If you feel you need a particular modification to access any service, the city will make reasonable modifications to ensure accessibility to such individuals.



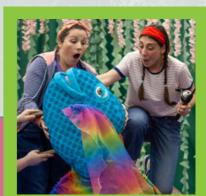
We are proud to offer visual arts experiences for all ages that connect the citizens of Tampa to their creativity. Our programs bring quality instruction and reasonable pricing together to encourage everyone to make art a part of their life. Please visit our <a href="Theatre-Page">Theatre</a> Page to explore the upcoming schedules at a center near you!

### Creative Arts Theatre

Creative Arts Theatre is the City of Tampa's resident, professional theatre company for young audiences. A staff of five (5) professional artists create and perform innovative theatre experiences, inspired by classic and contemporary children's literature. Their mission is to encourage literacy throughout Hillsborough County through the magic of live performance. Shows tour to various libraries and community centers throughout Tampa. All performances are FREE for the general public.







# **VISUAL ARTS**

We offer a wide range of classes including ceramic sculpture, pottery, oil painting, watercolor, drawing, digital, mixed media, jewelry, glass fusion, stained glass, fiber arts, and printmaking. These classes, workshops, and camps are for anyone looking to explore and develop their creativity in a nurturing and supportive environment.

The City of Tampa Visual Arts Department boasts two (2) cone 10 gas kilns, two (2) vitragraph kilns, nine (9) glass fusion kilns, two (2) raku kilns and 14 electric kilns dispersed amongst four (4) community art centers. We offer classes in printmaking, painting, pastels, drawing, rotating fiber art workshops, glass fusion, jewelry making, sculpture, mixed media, ceramics, and much, much more! Class schedules vary from studio to studio.

Links to individual schedules can be found by visiting our <u>Visual Arts</u> page.

### Wheel & Hand Building

Learn all levels of techniques on the potter's wheel. Beginners will study basic methods including centering, pulling walls, trimming, and glazing. As students progress, projects may include throwing altered forms, lid making, and pot assembly. High and low fire glazes are discussed as well as advanced surface decoration using texture, slips, and wax resist techniques.

### Glass Fusion 18+

Students 18 and over will learn the different expansion rates of glass and how they will react together as well as Learn how to cut and place the glass together to create artful forms and jewelry. Those interested in participating are encouraged to call the studio to discuss skill level and materials needed prior to registering for the class. Glass and tools are provided for use during the first class. Tools and glass can be purchased from the studio for future projects. All participants must always wear closed toed shoes.

### Oil Painting With the Masters

Learn to paint with oil in the styles of the many great masters! Shading, highlights, color theory and modeling are all discussed. Classes are designed for students of all levels.







# **VISUAL ARTS**









### Picture It In Pastels Workshop

Do you love painting and drawing? Pastels are the perfect mix! The ease of drawing with the brilliant color of oil paint is so relaxing. This month-long workshop will focus on the fundamentals of this age old technique. Soft pastels have a fast and forgiving nature. This class will provide an understanding of the concepts and techniques of pastel painting for students of all levels.



### Jewelry and Metal Sculpture

This class offers instruction in the fundamentals of metal jewelry making. Students learn basic skills in metal preparation, including sanding, stamping, roller mill texturing, soldering, and various cold connections. Students are provided individualized instruction along with practical demonstrations as they design and construct jewelry or small tabletop sculptures for personal use and gifts.



### Kid's Clay Play

This class has it all with hand building methods. Students are taught coil, pinch and slab techniques. In addition, students will get to explore many other forms of art including painting, drawing, printmaking processes, collage, and much, much more! Students should wear clothes that can get artsy.





There is so much more to discover!
Check us out on the web or give us a call
N. Hubert Art Studio (813)292-2911
Taylor Art Studio (813)274-8364
Roberta M. Golding Art Studio (813)259-1687
Ybor Art Studio (813)242-5370

# **AQUATICS**

Swimming is a life-long skill that everyone can enjoy regardless of age. We offer year-round Swimming and Water Safety programs through the American Red Cross. Participants learn how to be safe in, on, or around water and through progressive levels, learn knowledge and skills needed for aquatic skill development.

Please visit our <u>Pool Facilities page</u> to view the schedule of classes and lessons available at your local pool.

# Parent & Child Aquatics (Ages 6 months to 3 years)

This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to The water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories.

### Pre-school Aquatics

(Ages 3 to 5)

This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety.









All participants must purchase a Rec Card to use any facility or participate in any program including Lap Swim, Water Aerobics, etc. Lap Swim participants must also purchase a Lap Swim Pass or pay a daily drop-in fee. Open Swim sessions are free to Rec Card holders. Non-Rec Card holders must pay the daily drop-in fee.\*Proper swim attire required for pool activities and classes.



# **AQUATICS**

# **Learn to Swim** (Levels 1-3) (Ages 6 and up)

In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase, the swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level.

### (Level 4-6) (Ages 6 and up)

The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six (6) levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase.\* Must pass Red Cross Level 3 Water Competency Exit Assessment.

### Lap Swim

### (Ages 18 and up or by special permission)

A Rec Card and Swim Pass or Daily Drop-In Fee are required. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes.

### Open Swim

Enjoy the pool and all its amenities. Proper swim attire is required. All participants must have a current Rec Card or pay the daily drop in fee. Children under eight (8) years old must be accompanied by an adult in and out of the water. All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

### Aquatic Fitness

Water fitness is one of the most effective, low-impact physical activities available. We offer exercise programs that enhance flexibility, body awareness, balance, coordination, stamina and strength.





# **AQUATICS**

Alert: Now hiring yearround lifeguards.

**Apply Today** 





# Lifeguard Opportunities

Our Aquatics division operates 12 pools and 9 Splash Pads located throughout the city. 5 pools are open year-round and 7 are seasonal pools open in the summer months.

- Candidates must pass the lifeguard certification program to be eligible for hire.
- Candidates must be at least 16 years old and successfully complete the American Red Cross Lifeguarding Certification Course including First Aid/CPR/AED.
- Currently, certified candidates may <u>apply</u> on our Jobs page. (\$15/hr. to start; 30 hrs. a week)
- <u>Lifeguard Classes</u> are offered at many of our pools and the certification is required prior to employment.
- Contact the Aquatic Office at (813)274-7732 for more information





# American Red Cross





# **ATHLETICS**



Our Athletics Division provides a wide variety of enjoyable recreation activities and opportunities to the residents and visitors of Tampa.

Our <u>Athletics Program</u> incorporates staff-led, contractor-led, and co-sponsored programs.



### Volunteer Coaches Needed!





### Youth Leagues

Youth Athletic Leagues, which seasonally include T-ball, Girls Softball, Football, Hockey, Basketball, Soccer and Girls Flag Football, are designed to allow all participants ages 5-18 a chance to improve their athletic skills in a fun and safe environment. Additional Football, Baseball and Soccer leagues are made available through collaborative partner organizations.



For contact information and seasonal scheduling, please visit our <u>Youth Leagues & Sports Page</u>.



### Adult Leagues

More than just being fun, research has proven that people live longer, healthier lives when they engage in activities outside the home. We partner with seasonal leagues that include softball, basketball and kickball.



Please visit our <u>Adult Leagues Page</u> for specific dates and details on how to register.



# **ATHLETICS**

Courts & Courses

Our Athletic Division offers a variety of activities and sports to partake in. Want to participate? Use our <a href="Park Finder">Park Finder</a> to locate the closest facility to you!



Court Rentals are available only at the Sandra Freedman Tennis Complex. Please call our reservation line at 813-259-1664 to schedule a court time. We offer private classes and lessons through our contract instructors at many locations throughout the City. . Please visit our Tennis Page for more information. Our outdoor tennis hard courts are available for play on a first-come, first-served basis.





### Wheelchair Tennis

Wheelchair Tennis is one of the forms of tennis adapted for wheelchair users. The size of the court, net height and rackets are the same, but there are two major differences from pedestrian tennis: athletes use specially designed wheelchairs, and the ball may bounce up to two times, where the second bounce may also occur outside the court.



### Pickleball

Pickleball is a fun sport that incorporates elements from tennis and ping-pong for a fast, social game for everyone. We also offer <a href="Indoor and Outdoor Pickleball">Indoor and Outdoor Pickleball</a> at select locations.

### Locations

### Sand Volleyball

American Legion, Ben T Davis Beach, Cypress Point, McDugald, Picnic Island

Sand volleyball is a team sport played by two teams of two or more players on a sand court divided by a net. Similar to indoor volleyball, the objective of the game is to send the ball over the net and to ground it on the opponent's side of the court.

### Locations

AL Barnes JR, Copeland, Forest Hills, Highland Pines, MacFarlane, Rowlett Activity Center

### Racquetball

Racquetball is a racquet sport and a team sport played with a hollow rubber ball on an indoor or outdoor court. Joseph Sobek invented the modern sport of racquetball in 1950, adding a stringed racquet to paddleball in order to increase velocity and control.

### **Locations**

### Disc Golf

22nd Street, Cypress Point, Picnic Island, USF

Disc golf, more commonly known as Frisbee Golf, is a flying disc sport in which players throw a disc at a target; it is played using rules similar to golf.



# **ATHLETICS**

Team Tampa

We have partnered with <u>CANDO</u> to offer a quality <u>Team Tampa Competitive Sports</u> <u>Program</u> designed to develop a child's athletic skills, create a sense of teamwork, and motivate athletes to work hard while having fun. This partnership has created a year-round program for any child that has a desire to pursue Rowing, Basketball, Softball, Gymnastics or Dance.

### Team Tampa Rowing

Open to all Middle and High School students who want to try a new sport, get a great workout, and have fun on the water! We offer the first week of practice free so that participants can try rowing without a long-term commitment. Our season runs year-round. We operate out of the Tampa River Center Boathouse located at Julian B Lane Riverfront Park. Our practice schedule is flexible so athletes can still participate in other clubs and activities. Consider joining our Team Tampa Rowing family. For more information about the rowing program, please email Victoria.Mattie@Tampagov.net.

### Team Tampa Basketball

The Team Tampa Basketball program is designed to develop a child's athletic skills, create a sense of teamwork, and motivate athletes to work hard while having fun. This year-round program is for any child who has the desire to play basketball. Our basketball program is designed for boys and girls ages 5 through 17, with a curriculum that offers weekly training, summer camps, recreational leagues, and competitive travel teams. For more information, email <a href="mailto:TTBasketball@CandoSports.org">TTBasketball@CandoSports.org</a>.

### Team Tampa Softball

The Team Tampa Softball program focuses on developing student athletes to be future leaders through teamwork, commitment, dedication and work ethic both on and off the field. Our Team Tampa program offers competitive travel ball for 10u- 18u and has provided several formal athletes the ability to play at the next level in college. For more information, please email <a href="mailto:ttps://doi.org/10.100/journal.org">TTSoftball@CandoSports.org</a>.















# **TAMPA GYMNASTICS & DANCE**

Tampa Gym and Dance (TGD) facilitates a relaxed and fun environment where every child will feel comfortable learning. We offer the highest quality recreational and competitive <u>Gymnastics</u> and <u>Dance</u> programs for ages 1-17 years old at two convenient locations, the New Tampa Community Park Recreation Center and Wayne C. Papy Athletic Center. For assistance on how to join our TGD waitlist, visit <u>Online Account Help</u>.

Recreational Gymnastics Classes
Parent & Tot

This is a fun class for both the child and one (1) adult to enjoy! The first part of the class is free exploration of a variety of gymnastics activities within a designated area. They will then finish with some fun group activities, parachute and songs!

### Transitional

This class is a combination of Parent and Tot and Preschool. This gives the child an opportunity to follow the guidelines and structure of a preschool class, while still having one (1) adult in the class to help if needed. They will then finish with some fun group activities and parachute like a Parent and Tot class.



These are age-based recreational gymnastics classes with no skill requirements needed. They will learn basic gymnastics fundamentals on vault, bars, beam, floor and TumbleTrak. Additional Programs include: Gym Stars, Boys in Action and Tumbling classes.





### Developmental Gymnastics Classes

These are permission-based classes that will give children a little more structure to get them prepared for our competitive programs. They will need to be invited to these classes by the instructor.

### Programs Include:

Tiny Tumblers, Mighty Mites 1 & 2, Gym Achievers 1 & 2

### Competitive Gymnastics Classes

Our Team Tampa competitive program participates in both the AAU and USAG programs of gymnastics. We offer an outstanding curriculum, state of the art facilities, and expert coaching, with over 25 years of teamwork developing champions of all ages, at an affordable price for all athletes. Scholarships are available thanks to our collaborative partnership with <u>CANDO</u>.

### Programs Include:

Levels 2-10 and XCEL Silver, Gold, Platinum and Diamond.



Now hiring Gymnastics & Dance Leaders. If interested, please contact our Gym & Dance Office at (813)274-7725 for more information.

# **TAMPA GYMNASTICS & DANCE**

### Recreational Dance Classes

These are age-based recreational classes with no skill requirements needed. They will learn basic dance fundamentals. Permission-Based Classes that offer additional structure are also available on an invitation basis.



### Programs Include:

Preschool Dance, Kinder Dance & Hip Hop, Dance Stars 1 & 2, Pre-Teen/Teen Dance, Lyrical & Hip Hop, Dance Star Hip Hop 1 & 2, Dance Star Lyrical.



### Developmental Dance Classes

These are permission-based dance classes that will give children a little more structure to get them prepared for our competitive program. They will need to be invited to these class by the instructor.



### Programs Include:

Kinder Starlets, Dance Starlets 1 & 2 and Permission Pointe







### Showstars

Our Team Tampa
Showstar program offers
Tap, Ballet, Jazz, Hip
Hop, Lyrical and a
Production group. In
partnership with CANDO,
they participate in
community outreach
through shows, parades
and a big recital at the
end of the year.





# **FITNESS**

Physical fitness is proven to be one of the best ways to stay healthy and motivated. Please visit our <a href="Fitness Page">Fitness Page</a> to learn more about what Tampa Parks & Recreation has available in terms of classes and programs, which include everything from traditional Stretch, Cardio, Toning, Weights & Personal Training to Yoga, Pilates, Self-Defense, Zumba, Line Dancing, Pickleball, Table Tennis, Tai Kwon Do and Spin.

### Memberships

Our Joe Abrahams
Fitness & Wellness
Center offers a
membership program
that includes access to
all the weights,
cardiovascular
equipment, and most
classes (additional fees
apply for certain
programs).





### Community Center Fitness Rooms

Not interested in a membership? One of the benefits of having an annual Rec Card is the use of fitness rooms and open gymnasiums at your local community center.







### Training Box

The Tampa Training Box is a fitness community that supports our youth athletes in the City of Tampa. In partnership with CANDO Sports, we commit 50% of all proceeds to go directly to the scholarship fund for the City of Tampa youth. Train with us and you ... "Train with a purpose." For more information and upcoming schedule availability, please contact our New Tampa Recreation Center at (813)975-2794.

# SUMMER CAMP 2024

Tampa Parks and Recreation will be offering a variety of camps during the summer in a safe, yet fun, manner. All participants are required to have a current Rec Card active throughout the program dates. Stay tuned for specific camp details and full registration information. We invite you to visit our <u>Summer Camp page</u> often for updates.



### R.E.C. Camps

R.E.C. (Recreate. Educate. Create.) Camps are full day (7:30am-6pm), summer-long programs that run from May 28 to Aug 9. This year's theme will be "Time Travelers" for all R.E.C. Camp participants. Our youth will enjoy activities such as crafts, games, sports, music classes, and art programs. They will also experience hands-on basic culinary cooking, such as food safety, menu planning, healthy eating, table setting, team building, and much more. There will even be field trips and activities planned safely on and off site for all participants to enjoy.





### Specialty Camps

Specialty Camps are really just that. Participants will spend the week enjoying in-depth explorations of their chosen specialized activity. Specialty Camps include everything from Theatre, Visual Arts, Gymnastics and Dance to Sports, Fishing, Rowing, and Aquatics. We also offer our Therapeutic Recreation, S.P.I.R.I.T. camp for our special populations.



# Registration Dates

Specialty Camp registration will begin on March 18 and open to non-residents on March 19. Beginning on March 25, R.E.C. Camps will be available for registration to City of Tampa Residents on a first come, first serve basis. Additional open R.E.C. spots will be made available to all non-residents beginning on April 1. To locate the community center nearest you, please visit our Recreation Center page.





